

## Insurances

The Palms of Sebring accepts Medicare, Medicaid, VA, Private Pay and most insurances. Our Business Office Manager will review and manage the insurance verification process with you. Our goal is to coordinate benefits for you so that you are not burdened at a time you are making health care decisions.

## We Are The Palms of Sebring

At The Palms of Sebring in Sebring, Florida, we know every person has unique needs when it comes to their care, and every person's path to healing and living a fulfilling life is different. Therefore, we embrace every patient and resident as a person first. At The Palms of Sebring, individual care plans, clinical services and personalized therapeutic rehabilitation are essential for each person's quality of life and for reaching their goals. We provide a full range of retirement, clinical and rehabilitative treatment options:

- **Skilled Services, including:**

- Physical, Occupational and Speech Therapy
- Ostomy and Wound Care
- Intravenous Therapy (IV)
- Parenteral and Enteral Nutrition
- BIPAP/CPAP and Oxygen Therapy
- Respiratory Therapy

- **Respite Care**

- **Independent Living  
(in the Towers or neighboring apartment building)**

- **Assisted Living**

- **Memory Care**

- **Long-term Care**

- **Palliative/Hospice Care**

The Palms of Sebring serves patient and resident needs in each stage of life, as we have for more than 60 years!



The Palms  
of Sebring

The Palms of Sebring

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[www.trousdalelc.org/thepalms](http://www.trousdalelc.org/thepalms)



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*The Palms of Sebring does not exclude, deny benefits to, or otherwise discriminate against any person based on race, color, national origin, disability or age in admission to, participation in or receipt of the services and benefits under any of its programs and activities.*



All Your Needs.  
All Our Hearts.



The Palms  
of Sebring

A Trousdale Living Community

## All Your Needs

At The Palms of Sebring, we offer multiple comfortable and convenient living-space options with floor plans to fit all senior needs. We provide recreational activities, workshops and services, in addition to full 24-hour-a-day access to dedicated, professional staff care for our residents to help them stay active, independent and feel right at home.

All care at The Palms of Sebring is provided by highly trained, compassionate caregivers who focus on helping residents maintain a high quality of life. Retirement-living and care encompasses clinical, spiritual, emotional and social needs, so our structured program ensures every resident enjoys a full, active and healthy schedule of social, educational and entertaining activities daily. The Palms of Sebring offers a full continuum of care. Because all levels of care, including Home Health, are offered on our campus, you never have to worry about being separated from the caregivers that understand your healthcare needs.



## Rehabilitation & Skilled Services

The Palms of Sebring helps patients and residents achieve their independence goals while providing the best therapeutic services. In addition to Physical, Occupational and Speech therapy, we offer specialized services for those in need of Ostomy and Wound Care, Intravenous therapy (IV), BIPAP/CPAP/Oxygen therapy, Respiratory therapy, Parenteral and Enteral nutrition.

## Resident Care

The Palms at Sebring provides multiple levels of resident care. In addition to our **Long-Term Care** and **Independent Living** options, we offer **Respite Care**, because every caregiver deserves a break to recharge. **Assisted Living** provides just the level of care needed for a resident to maintain independence safely and happily. **Memory**

**Care** delivers compassionate, caring, dignified living for those with Alzheimer's or other forms of dementia. Specialized **Palliative Care** is for patients with serious illnesses to improve their quality of life. And **Hospice Care** focuses on a patients' comfort and ensures their time remaining is quality time lived with dignity and surrounded by love and compassion.

## All Our Hearts

We believe with all our hearts that everyone under our care deserves to be treated like family. As such, we partner with physicians and family members to develop each health care plan based on each person's unique, specific needs. Our operational vision focuses on people, purpose, care and community. With that in mind, we feel that our residents and patients deserve and receive the most compassionate, professional care we can provide. All Your Needs. All Our Hearts.

