

Insurances

Westmoreland Health and Rehabilitation Center accepts Medicare, Medicaid, VA, Private Pay and most insurances. Our Business Office Manager will review and manage the insurance verification process with you. Our goal is to coordinate benefits for you so that you are not burdened at a time you are making health care decisions.

We are Westmoreland

At Westmoreland Health and Rehabilitation Center in Knoxville, Tennessee, we see every resident and patient as a person. Every person has unique needs when it comes to their care, and every person's path to healing is different. That's why at Westmoreland, individual care plans, clinical services and personalized rehabilitation are essential for each person to thrive and achieve their goals. We provide:

- **Rehabilitation**
- **Skilled Nursing**
- **Respite Care**
- **Long-Term Care**
- **Memory Care**
- **Palliative Care**
- **Hospice Care**

Westmoreland serves every need and care level for each stage of life, as we have for over 40 years!



Westmoreland

Westmoreland Health & Rehabilitation Center

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www.trousdalelc.org/westmoreland



Westmoreland Health & Rehabilitation Center does not exclude, deny benefits to, or otherwise discriminate against any person based on race, color, national origin, disability or age in admission to, participation in or receipt of the services and benefits under any of its programs and activities.



All Your Needs. All Our Hearts.



Westmoreland

A Trousdale Living Community

All Your Needs

At Westmoreland, resident health care encompasses not only clinical needs, but also serves their spiritual well-being, as well as emotional and social needs. Our dedicated activities department ensures every resident lives and enjoys an active, healthy and happy life every day. We feature these activities and amenities, and more:

- Resident day trip outings
- Transportation to appointments
- Pet therapy visits
- In-house Beauty salon
- Spa Days
- Life Enrichment events
- Birthday celebrations
- Private suites
- Outdoor courtyards
- Spacious activities room
- Library with Grand Piano

At Westmoreland, we fulfill all our resident's needs so they can live happy, fulfilling lives.



Rehabilitation

Westmoreland helps our patients and residents achieve their independence goals while providing the best in physical, occupational and speech therapy. Our in-house rehabilitation team utilizes our on-site gym and a variety of specialty equipment, including our **VitalStim® Therapy System**. We also have a certified respiratory therapist on staff.

Resident Care

Westmoreland provides multiple levels of resident care: In addition to continuing **Long Term Care**, we provide **Respite Care** services for primary caregivers because everyone needs a break sometimes to recharge.

Memory Care services are for those with Alzheimer's or other dementias. We provide specialized **Palliative Care** for patients with serious illnesses to improve their quality of life. Finally, **Hospice Care** focuses on a patients' comfort and ensures their time remaining is quality time lived with dignity and surrounded by love and compassion.

All Our Hearts

We believe with all our hearts that everyone under our care deserves to be treated like family. As such, we partner with physicians and family members to develop each individual's health care plan based on their unique, specific needs. We provide extensive clinical and skilled rehab services, including Colostomy care, Enteral nutrition, Intravenous therapy (IV), Respiratory therapy, Wound care and more. We also have an on-site nurse practitioner 5 days a week for our 24-hour long and short-term nursing care operation. Our residents and patients deserve and receive the most compassionate professional care we can provide.



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